

DISNEY'S
RIVIERA

RESORT

Disney Vacation Club®

RESORT RECREATION GUIDE
JANUARY 2020

WELLNESS ACTIVITIES

SHAKE A TAIL FEATHER

Wednesdays and Saturdays, 8:30am
Get moving with a fun and engaging family warm up at the Movie Lawn to energize and prepare for a fun-filled day ahead.

YOGA

Mondays and Fridays, 8:30am
Begin your morning in a relaxing way at the Movie Lawn with instructor-led yoga.

**SKYLINER RALLY
SCAVENGER HUNT**

Sundays, Tuesdays, Thursdays and Saturdays, 11:30am
Mondays, Wednesdays and Fridays, 3:30pm
Get moving together as a family to follow clues and make memories while you embark on this self-led adventure throughout Disney Skyliner Resorts. *Begins at the Event Room.*

**ATHLÉTIQUE FITNESS
CENTER**

Open 24 hours
Visit our state-of-the-art fitness center powered by Technogym®! Our equipment will motivate you to keep pushing toward your personal wellness goals.

TOPOLINO TROT FUN RUN (\$)

Sundays, 7:30am
Start your vacation day in a healthy way by joining us for a run full of Disney fun! This 1.2-mile run is perfect for runners at all levels or families wanting to get moving together as you travel around Barefoot Bay. *Begins at the Movie Lawn.*

